



Inclusive Learning Programmes

LifeSkills
Transition2College

NORTHERN
Regional College



At Northern Regional College we offer a number of full-time courses for people who may experience learning difficulties/ disabilities. You will be able to build on the skills you already have and learn new skills.

Course	Transition2College
Entry Requirements	There are no formal entry requirements. You must be between 16 and 25 years of age.
Information Event	Yes
Duration	2 Years full-time
Course Content	You will work towards the qualification OCN NI Entry level 3 Certificate in Developing Skills for Life and study units such as: <ul style="list-style-type: none"> • Social Media Awareness. • Household Shopping. • Using Public transport. • Using Maths in Every Day Context. • Healthy Lifestyle. • Skills for the kitchen.
Location	To view what campus this course is available at visit www.nrc.ac.uk .
What next	You can progress to the Route2Work course.

Course	LifeSkills
Entry Requirements	There are no formal entry requirements. Part-time course for all ages and abilities.
Information Event	Yes
Duration	2 Years part-time either one or two days per week dependent on the location.
Course Content	You will work towards the qualification NOCN Entry Level 2 Award in Independent Living and study units such as: <ul style="list-style-type: none"> • Eating a Balanced Diet. • Basic Cooking Techniques. • Make a Simple Meal. • Getting about Safely. • Using Public Transport - Buses and Trains.
Location	Antrim, Ballymena, Ballymoney, Coleraine, Larne, Magherafelt, Newtownabbey.

*Curriculum offer is subject to review and viable course provisions.

Course Perks

Travel Pass

To find out if you are entitled to a travel pass contact your local Education and Library Board.

EMA

You may be eligible for the Educational Maintenance Allowance (EMA) which is a weekly allowance paid fortnightly. For further information contact Student Finance on 028 2563 6254.



How to Apply

For LifeSkills you can obtain a hard copy application at any of our campus receptions and are staff will be on hand to help you complete this.

Step One	Step Two	Step Three	Step Four	Step Five	Step Six	Step Seven	Step Eight
Visit	Visit	Visit	Visit	Visit	Visit	Visit	Visit
Find	Find	Find	Find	Find	Find	Find	Find
Login	Login	Login	Login	Login	Login	Login	Login
Apply	Apply	Apply	Apply	Apply	Apply	Apply	Apply
Submit	Submit	Submit	Submit	Submit	Submit	Submit	Submit
Track	Track	Track	Track	Track	Track	Track	Track
Information Event	Information Event	Information Event	Information Event	Information Event	Information Event	Information Event	Information Event
Results	Results	Results	Results	Results	Results	Results	Results
Visit apply.nrc.ac.uk	Find course: Transition2College	Setting up a unique login using a personal email address and password. The email account will need to be checked regularly for updates or communication from the College.	Complete the application process online.	Submit application.	Track the status of the application by logging into the system and using your unique login details.	Check information event details	Check the course offer.

Applications for for Transition2College must be submitted online. PC access available in libraries of all campuses. If you do not have computer access or require help to complete your online application, do not worry, we have staff on hand within each of our campuses to help you. Call into any of our receptions.

What my course means to me...

"I love coming to college. I really enjoy my computer classes and the arts and crafts class. I enjoy meeting people and making new friends. The staff in college are always helpful and friendly".

Seamus O'Kane
LifeSkills

"On a Wednesday I do Life Skills where we do a range of different activities. On a Thursday I do my computer class. I love the word processing and creating documents, stories, posters and cards. Going to college has meant that I am not at home all of the time. I have made new friends and learned new skills. We have enjoyed many social activities and had lots of fun".

Finvola Henry
LifeSkills

"I love this course because it will help me get a job and I enjoy all the activities we do".

Justine Santosh
Transition2College



"I like the course because I love doing lots of work and I have made new friends".

Caoimhe McNulty
Transition2College

Contact

For further information contact
07812 581445



Website:
www.nrc.ac.uk
Email:
admissions@nrc.ac.uk



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